

The following list includes resources that may be beneficial for children with autism during the COVID-19 school closures.

All families should prioritize any individualized work and resources provided by their child's school. All resources listed here are meant to supplement any individualized activities and help children to follow a routine each day. These activities can be structured with the School Closure Toolkit.

## Academic and Supplemental Websites

123HomeSchool For Me 101 FUN Things To Do During Coronavirus Lockdown ABCya - Practice math and reading skills with games Amazing Educational Resources - Alphabetical list of hundreds of websites with free subscriptions during school closures Art Museum Coloring Books - 113 Art Museum Coloring Books available to download Cassie Stephens - Daily video art lessons for art lovers! CNN 5 Things You Need to Know Today - great for older students! CNN News in 10 Minutes - sign up for daily emails - use this CNN10 Worksheet if appropriate Fairfax County Public Schools Continuity of Learning Plan - Grades PK-12, all subjects Go Noodle Brain Breaks - website with movement breaks of all kinds! Highlights Kids - Stories, activities, science experiments History for Kids - articles, worksheets, quizzes Into the Book - Reading Strategy games for kids Lalilo - Phonics program for kids NatGeo Kids - Animals and geography for kids! Raddish Kids Free Cooking Kit and Online Lessons (\$4 shipping for cooking kit) Scholastic News - Learn At Home - News, Articles, and Interactive Quizzes (PK-12) Science Bob - Easy science experiments with videos and direction cards Seussville - Dr. Seuss themed literacy games Sped Adulting - Adulting made easy - life skills lessons and activities adapted for students with disabilities StorylineOnline - Free children's books read aloud with audio/video enhancement Squiggle Park - Reading activities and games for ages 3-8 Switcheroo Zoo - Watch, listen, and play games with animals Virtual Field Trips for Kids - over 30 virtual field trips! Virtual Museum Tours - 12 museums around the world

## Coronavirus Resources

BrainPop Coronavirus Video BrainPop Coronavirus Materials Cincinnati Children's How Germs Spread Video - Great visual description for kids with autism Handwashing Posters - 20 free Handwashing posters



Illinois Autism Partnership Coronavirus Social Story - help children understand school closures Illinois Autism Partnership Social Distancing Story - help children understand social distancing Nano Girls Why Do we Use Soap To Wash Our Hands - short informative video STAR Autism Support Handwashing Resources - includes video model and printable visual supports

# Curriculum Resources

Autism Helper - FREE 3 weeks of work packets Boardmaker Activities to Go - FREE Special Education Curriculum Download (PK-12, adapted) perfect to reinforce academic skills during academic time each day EdHelper Daily Workbook Downloads - FREE leveled downloads DAILY for grades PK-6 Khan Academy - Free online lessons Khan Academy Kids - Learning for ages 2-7 Math Help for Kids - Posted by EdHelper Out of This World Literacy Workbooks - FREE Gr. 1-2 Workbook (3 weeks) Out of This World Literacy Workbooks - FREE Gr. 3-4 Workbook (3 weeks) Speech Therapy Homework - play based activities

## Activity Resources

<u>10 Ball Games for Kids</u> Animal Crawl Exercises for Kids with Videos Art At Home (Art Activities) Calm Down Jar Fitness Activity Cards Foam Dough

# <u>Apps</u>

Kidoodle.TV - Fun and Safe Kids Shows

# Facebook

<u>Science Mom livestreams</u> - M-F, 11-1PM EST, Ages 7-12 <u>Music w/ Miss Liz livestreams</u> - Early Childhood online music classes <u>Cincinnati Zoo Home Safari</u> - Live, daily at 3PM EST <u>Cady Hickman, Theater</u> - 10 AM EST, Circle Time for Early Childhood aged learners

## <u>Materials</u>

<u>Self-Adhesive laminating sheets</u> - laminate those schedule pieces without owning a laminator! <u>Sensory Bin Kits</u> - sets to create 4 different sensory bins <u>Velcro dots</u> - great for schedules, token boards, and agendas while children are at home



<u>Water beads -</u> great sensory experience! (use caution with children who put items in their mouths) - will need a giant bin or bucket to put them in

## <u>YouTube</u>

Alphabet Rock Song - a way to keep those letters in check!

<u>Circle Time Hello Song</u> - great way to get the day started for little ones <u>Circle Time Days of the Week Song</u> - everyone's favorite, very catchy! <u>Circle Time Months of the Year Song</u> - learn those months! <u>Illinois Autism Partnership Circle Time Songs</u> - a whole playlist of songs! <u>Illinois Autism Partnership Brain Break Songs</u> - a whole playlist of brain breaks! <u>Mr. Calvin's Art Room</u> - Video art lessons <u>Uptown Funk Dance with Visual Supports</u> - great for exercise, a fan favorite!

## **Other Schedule Ideas**

Schedule Sample from EdHelper



Index cards on the fridge with sticky notes for specific activities!



Ben's Schedule:	School Work: Creative Work:
Before 8 - read/listen 8 - Breakfast 8:30 - School Work -> 10- Park @Trail w snack 12- Lunch	Math Drawing Journal Painting guided reading wood working spelling baking /cooking research + present call friends / family write letters Perfer beads Dancing Showcase
- Creative Work	<u>Chores:</u> clean cars laundry bathroons wipe +set table yard work tidy up/organize <u>Free Play:</u> sports cards board ganes scavenger hunt obstacle course family reading beyblades tidy up/organize
8- listen/read in bed 8:30 - Bedtime	Outings: Bryn Coed Trail Bridge to BridgeTrl. BinKy Lee Preserve WV Fields Sawmill Trail Pine CreeK Fields French CreeK Trail

Simple dry erase board with color coding (just like ours!)

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