

WELCOME 9th & 10th Grade MUSTANG PARENTS!



Thomas Jefferson I.B. World School

Campus Support Team Introductions

Administration



Front Row: (Left to Right)

- Mrs. Fuehrmann, Assistant Head of School
- Mr. Rivers, Head of School
- Ms. Bononcini, Assistant Head of School

Back Row: (Left to Right)

- Mrs. Casso, Senior Coordinator of Operations
- Dr. Grota, Assistant Head of School
- Mrs. Palos, Assistant Head of School
- Mr. Reyes, Assistant Head of School
- Ms. Jimenez, Assistant Head of School

Coordinators





Left to Right:

- Mrs. Garcia, AVID Coordinator
- Mrs. Melendez, IB Diploma Program Coordinator
- Ms. Love, IB Middle Years Program Coordinator





Academic Deans



Pictured (Left to Right):

- Mrs. Carroll, Individuals & Societies (Social Studies) Academic Dean
- Mrs. Szyman, Science Academic Dean

Not Pictured

- Ms. Dolloff, Language & Literature Academic Dean
- Ms. Fulghum, Math Academic Dean

Mrs. Rita Sanchez A-E Counselor



Mrs. Sandy Gonzalez M-Ri



School Counselors



Mrs. Hope Garza -IB DP (11th/12th) Head Counselor



Dept. Office Hours & Appointment Requests:

<u>Counselor Office Hours & Appointment</u>

<u>Requests - Click Here</u>

Ms. Juli Gonzalez - F-L Counselor



Mrs. Laura De Luna -Ro-Z



Jefferson H.S. Social Worker

Gloria Hulshof, LMSW-IPR
Campus Social Worker

ghulshof1@saisd.net
Room 2614 in Eastwing



How can a School Social Worker help my child?

- Coping with grief
- Stress Management & Anxiety
- Developing healthy relationships & communication skills
- Assistance with accessing long-term counseling services

Communities in Schools (CIS)

Room 1609- Basement of East Wing



Why should your student join Communities In Schools?

- We provide school supplies and basic needs
- We can help students organize their school work
- Assist with strategies for test anxiety and stress
- Monitor grades, attendance and behavior
- Work with students to set and achieve life goals
- Small group discussions
- Supportive guidance
- Activities, Incentives and Prizes
- We have a safe space to relax and recharge when students feel overwhelmed
- To make friends and have extra support
- InspireU- Mentorship with Valero for Freshman

Kelly Dazell

kdazell1@saisd.net

512-200-3366



Estela Lerma-Tijerina

etijerina2@saisd.net

210-390-6842



Communities in Schools (CIS)

Room 1609- Basement of East Wing



Office- 210-438-6570 ext. 37044

Kelly Dazell

kdazell1@saisd.net

512-200-3366



Parents- Scan QR Code or click the link to enroll your child in CIS



SCAN ME

https://a100523.socialsolutionsportal .com/apricot-intake/d399c950-18fd-4 e76-810f-d5cfa358dfb2 Estela Lerma-Tijerina

etijerina2@saisd.net

210-390-6842



SEAD Coordinator

My primary purpose is to provide the students with support and resources needed to assist them with being academically, socially and emotionally successful in the general education environment.

- Relationship Building
- Self-monitoring
- Creating structured environment
- Self-care
- Instructional Strategies
- Motivation

Jeanette Cruz email:

jcruz6@saisd.net



Behavior Implementation Specialist



I primarily work with students who have documented needs in the area of behavior. I collaborate with their teachers and families to develop preventative strategies so students face less disruptions. Building strong rapport, trust, and respect with students is key to discover what resources work best for them and their families. When students have more control and take more responsibility for their actions future success is more easily attainable.

Maisavel Webb Saldivar mwebbsaldivarı@saisd.net

Mustang College & Career HUB





Phone Extension	37043
College Advisor Paloma Ibarra	pibarra2@saisd.net
College Advisor Omar Chavira	ochavira1@saisd.net

F.A.C.E. Specialist



The mission of the Office of Family and Community Engagement is to successfully develop and implement programs and strategies to engage parents and the community as partners to continually improve the academic performance of students. Here at Jefferson HS we provide direct support and services to all of our Jefferson families and community.

Links for Parents

Ms. Rita Palmore Email: <u>rpalmore1@saisd.net</u> (210)438-6570 Ext. 37026 https://www.saisd.net/page/parentstudent-home

https://www.saisd.net/page/ParentPortal

https://saisdcares.net/

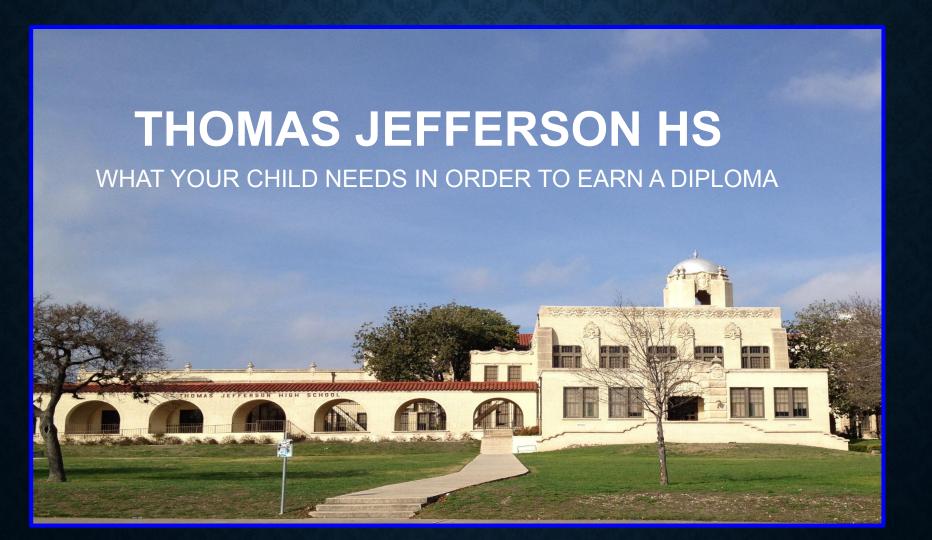
Family & Community Engagement - SAISD

Sign in (app-garden.com)





https://drive.google.com/file/d/11Zqx_fWfwlcdFK5K6PhkoeablrEeWE0d/view?usp=sharing



Graduation Requirements



How many credits does my child need to be in the different grade levels?



9th Grade = 0 - 5.5 Credits

10th Grade = 6 - 11.5 Credits

11th Grade = 12 - 17.5 Credits

12th Grade = 18+ Credits

DISTINGUISHED LEVEL OF ACHIEVEMENT DIPLOMA GRADUATION REQUIREMENTS

Earn 26+ CREDITS &

PASS ALL 5 EOC EXAMS:

9TH - ENGLISH 1 & ALGEBRA 1

10TH - ENGLISH 2 & Biology

11TH - US HISTORY



CLASSES NEEDED FOR GRADUATION:

- 4 YEARS OF ENGLISH
- 4 YEARS OF MATH
- 4 YEARS OF SCIENCE
- 3 YEARS OF SOCIAL
 STUDIES (W. Geo or W. Hist;
 U.S. Hist; Govt/Eco)
- 1 YEAR OF PE
- 3+ ADDITIONAL ELECTIVES

- 1 YEAR OF A FINE ART
- 2 YEARS OF THE SAME FOREIGN LANGUAGE
- ❖ 4 YEARS OF AN ENDORSEMENT:
- ♦ HEALTH SCIENCE
- ANIMATION / AV TECHNOLOGY
- COMPUTER SCIENCE
- ❖ PUBLIC SERVICE (LAW ENFORCEMENT/ROTC)
- ♦ BUSINESS
- ❖ MULTIDISCIPLINARY (IB)
- ❖ EDUCATION
- ❖ ARCHITECTURE / CONSTRUCTION / INTERIOR DSN

END OF COURSE EXAMS = EOC EXAMS

ENGLISH 1, ENGLISH 2, BIOLOGY, ALGEBRA 1
AND US HISTORY

Note: The EOC exams are taken, for the first time, in the spring of the school year in which you take the course.

IF A STUDENT DOES NOT PASS THE FIRST TIME, THEY WILL BE ASSIGNED INTERVENTION COURSES IN PLACE OF ELECTIVES AND WILL TAKE THE EXAM(S) UNTIL THEY PASS.

IMPORTANT:

Students who took and earned credit for EOC tested subjects during the 2019-2020 school year received an exemption for those EOC exams due to testing cancellations.



Look up your STAAR EOC Scores - Parent Portal Link (Click Here)

What is an endorsement?

Endorsements are a graduation requirement in Texas! Students may earn one or more endorsements as part of their high school diploma. An endorsement consists of a sequence of courses that are grouped together by interest or occupational skill. They provide students with in-depth knowledge of a subject area or a high-wage, high-skill, and in-demand occupation.

Think of an endorsement as a college major for high school students!



2023-2024 School Year EOC Testing Dates

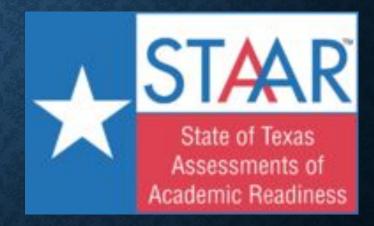
December 2023 Retesting (For students who

took an exam & failed it or was absent for the exam in Spring or Summer '22)

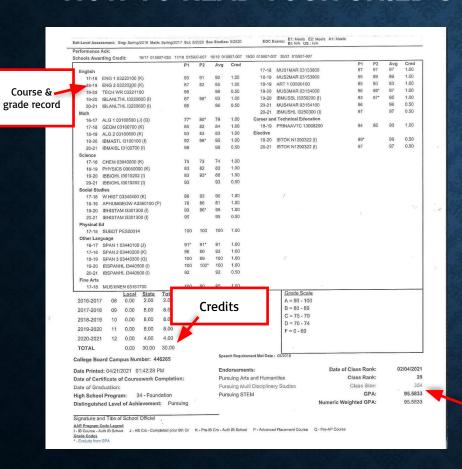
- Dec. 5th English I & US History
- Dec. 6th Algebra I & Biology
- Dec. 7th English II
- Dec. 8th EOC Testing Make-up

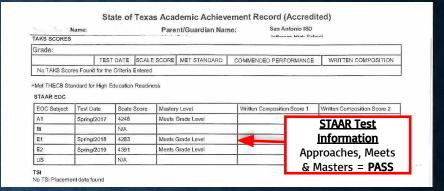
Spring 2024 Testing

- April 9th English I
- April 11th English II
- April 16th Biology
- April 17th US History
- April 24th Algebra I



HOW TO READ YOUR CHILD'S TRANSCRIPT





GPA & Rank information

CREDITS & ATTENDANCE GO TOGETHER!!!

In order to earn credit for a class. students must attend every day!

TARDIES AND ABSENCES
COUNT AGAINST
STUDENTS – more than 4
unexcused absences in
any class, per semester,
will result in loss of credit
(even if a student earns an
"A" in the class)!



Attendance + Grades = Credit





Grades

85%

Average of each quarter's grades

15%

Semester Exam



Students must obtain a final grade of 70% or above to receive credit



Credit

The final grade earned in each high school credit course counts toward high school Grade Point Average

(GPA)

Semester exams are administered the last week of each semester.

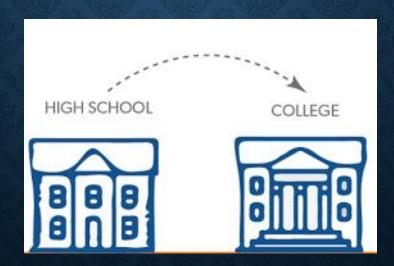
Attendance

Student absences in high school credit courses cannot exceed the following

numbers:

- 4 absences for fall semester courses
- 5 absences for spring semester courses
- 9 absences for year-long courses
- 3 tardies = 1 absence

College Readiness Begins in 9th Grade!



IMPORTANCE OF TAKING ADVANCED COURSES (PRE-IB, IB, AP, AND DUAL CREDIT)

- **Rigorous Courses** = College Readiness
- **GPA** These courses give you additional points towards your GPA calculation
 - +5 for Pre-IB
 - \circ +10 for IB, AP and DC
- Class Rank Students who take these courses, and do well in them, tend to have a higher class rank due to the additional GPA points earned
- Potential to earn FREE college credits



PREPARE FOR COLLEGE ENTRANCE EXAMS





Cafe College Events





College Board SAT Practice







Edgenuity Test Prep - See your counselor to have the course(s) added to your account



Click on image



RESPONSIBILITY

starts with Me.

College Ready Scores





SAT

- Evidence-Based Reading and Writing: 480
- Math: 530

ACT = Composite **23** +

- English: **18**
- Math: 22
- Reading: 22
- Science: 23

TSI2.0 CR Benchmarks for TSI testing after Jan. 11, 2021:

- **ELAR**: 945-990 & 5 on Essay **or** Below 945 w/ELAR Diagnostic score of 5 or 6 & Essay Score of 5+
- Math: 950-990 or Below 950 w/Math Diagnostic score of 6

Why are these exams important?

- SAT & ACT = Demonstrate college readiness in Reading, Writing and Math = no remedial classes in college
- PSAT 10 & 11 = National College Board Recognition
 - National Merit Scholar
 - National Hispanic Scholar
 - National Indigenous Scholar
 - National African American Scholar

Who's Eligible to Apply

The College Board National Recognition Programs award academic honors to sophomores and juniors who take eligible administrations of AP®, PSAT/NMSQT®, or PSAT™ 10 exams, have a GPA of 3.5 or higher and identify as African American or Black, Hispanic or Latino, Indigenous or Native, or attend high school in a rural area or small town. Students can apply on BigFuture® during the second semester of 10th or 11th grade.

PSAT, SAT & ACT Testing Dates for 10th & 11th Grade

10th & 11th Grade PSAT

October 11, 2023

11th Grade ACT

February 27-29, 2024

11th Grade SAT

March 6, 2024



Achieving Academic Success & Self-care

How to achieve academic success?



- Use an alarm to help you establish daily routines - wake-up, deadlines, etc.
- Make checklists and prioritize tasks
- Chunking a project into sections with due dates
- Identify and reduce distractions



- Keep a calendar cell phone or paper
- Use tools to stay organized - planner, pencil pouch, folders, notebooks, etc.
- Establish & keep a routine
- Write down important tasks and deadlines
- Breakdown large tasks



- Before & after school tutoring w/teachers
- Tutor.com access via <u>Classlinks</u>
- <u>Frontline</u> monitor grades
 & attendance via
 Classlinks
- <u>Classlinks</u> Online Resources



Accessing Student Email

Be sure that your child checks their SAISD student email account daily

How to access the SAISD email account:

- https://www.saisd.net/page/parentstudent-currentstudent
- Click on "Student Email (Outlook)
 or
 by using ClassLink and going to Office 365



ENCOURAGE YOUR CHILD TO GET INVOLVED! - ATHLETICS/EXTRA-CURRICULAR ACTIVITIES

SPORTS

LARIATS, LASSOS, CHEER

BAND/COLOR GUARD

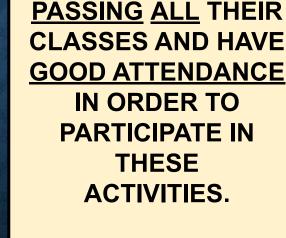
THEATRE

CHOIR

Mariachi

ROTC

eSports



STUDENTS MUST BE





ENCOURAGE YOUR CHILD TO ENGAGE IN COMMUNITY SERVICE

- Students make such a difference when they contribute to their community
- Colleges want to see what they do outside of the classroom
- College scholarship opportunities increase



Practicing Self-care is IMPORTANT!



Engage in regular exercise activities



Find something you enjoy doing & do it regularly



Practice meditation/mindfulness activities



Write about your feelings/how your day went, etc.



Develop & sustain a strong support system - family & friends



Develop & maintain healthy sleeping habits









Types of Counseling

Telehealth

More convenient and easily accessible mental health care

Flexibility in time and place

Flexibility during times of illness or other limiting factors

Traditional In-Person

Eliminate work and home distractions

Don't have to worry about technology affecting your sessions

May be easier to build trust in your therapeutic relationship



Where can I get help for my child?



Short-term Counseling Services

See your child's certified school counselor or campus based social worker. They can provide:

- Daily touchpoints such as office drop-ins
- Short term counseling (1-6) office sessions
- Help with Attendance and Academics



Do you want counseling for a specific issue?

Ask for TCHATT Telehealth!



- TCHATT provides telehealth counseling services to students
- They can provide help with feelings of anxiety or depression
- A TCHATT doctor may also be able to provide medication, if needed

Contact your school counselor, social worker, CIS site coordinator or school nurse to get enrolled in this program.



In-Person Therapeutic Counseling Partners

Where can I get help?

Ask your school counselor or social worker about in-person long term therapy services.

MOBILE MENTAL WELLNESS











Communities in Schools In-person Counseling Services

In-person Counseling Services offered at no cost. Services are offered on-campus by a Licensed Clinician.

- Grief and Loss issues
- Family Transitions*Divorce*Marriage*New Baby
- Academic Struggles
- Relationship Issues at Home or School
- Substance Abuse
- Boundaries with Peers
- Stress Management



Please contact Ms. Hope Garza at egarza6@saisd.net or ext. 37009

YOUR COUNSELORS ARE HERE FOR YOU!

- STUDENTS CAN SUBMIT AN APPOINTMENT REQUEST FORM - Located in the Counseling Center
- 2. SEND US AN EMAIL SCHOOL WEBSITE
- 3. SEE US BEFORE SCHOOL, DURING LUNCH OR AFTER SCHOOL



VISIT THE COUNSELING DEPT. WEBPAGE!!!



