
How Your Child Can Do Their Best on the **SAT**

FOR PARENTS

Start Early

Students should start practicing the skills that are the most important for college readiness as early as possible. If students begin six months before the test, they should have time to work on strengthening some of their skills that need the most work and to become familiar with the test format.

Practice Consistently

Students who practice regularly tend to improve their college readiness skills at faster rates than those students who don't practice. Consider encouraging your child to practice at least 30 minutes a day, two times a week, based on their personalized plan from Official SAT® Practice on Khan Academy® (satpractice.org).

Work Hard

The SAT is aligned to what students are already learning in class, so the most important thing your child can do is take and commit to challenging courses, along with working hard on Official SAT Practice.

Mix Up Their Practice

In addition to taking advantage of Official SAT Practice, make sure your child studies by reading and summarizing both fiction and nonfiction passages from a variety of sources, creating and solving word problems, and reading editorial content to review argument construction.

For more information, visit satpractice.org.