



Name: \_\_\_\_\_

Date: \_\_\_\_\_

My Week: From \_\_\_\_\_ To \_\_\_\_\_

# Time Log

**Directions:**

Use the table below to keep track of what you do, hour by hour, for the next week. Take time during the day, at the end of the day, or the following morning to write down what you do (or did) and when you did it. Keep this as neat as possible, because you will be using it in class.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:30 PM							