

# ESTRADA ACHIEVEMENT CENTER

## Family Empowerment Seminar

### JOIN US!

February 7, 2024 1112 S. Zarzamora, at 5:30pm

Our focus will be on:



#### *Understanding family communication*

Eddie Reyes, MA, Licensed Professional Counselor will be here to lecture on Generational communication and behavioral management.



#### *Restorative Circles*

Ms. Natalia Flores from the Empower House will be sharing restorative practice techniques to support you at home.



#### *Family Resources*

- Every participant will have the chance of winning a \$50.00 HEB Gift Card.
- Every family will leave with a food bag
- Light refreshments will be available your enjoyment.



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