



# NEWSLETTER

November 2023

## PARENT INFORMATION

### November-Important Dates:

- **1st-** Rightsizing Meeting at Baskin Elementary, 6PM.
- **8th-** Estrada Community Kindness event, 6PM.
- **15TH-** SAISD- Food Distribution at Alamo stadium, 9AM.
- **16th-** Estrada Pantry open, 2:30-3:30pm.
- **17TH-** Early release from school
- **20th to 24th-** Thanksgiving Holiday Break.

Questions ?

Contact: **Coach Mendoza at 210-438-6820, ext. 71025.**



### Community Kindness Event

**Kindness is the Mindset**

**Estrada's**  
**COMMUNITY**  
**KINDNESS**

MUSIC-FOOD-FUN-RAFFLES  
FREE RESOURCES-COMMUNITY AGENCIES

**NOVEMBER 8, 2023**  
**6:00 PM**

ESTRADA ACHIEVEMENT CENTER  
1112 S. ZARZAMORA SA, TX 78207

PRESENTED BY THE KINDNESS COMMITTEE

SCAN QR CODE TO SIGN UP

**Estrada MISSION:** Our mission is to instill in students a positive attitude toward school that exemplifies honor, dignity and respect for self and others.

## November is the month of:



- Adoption Awareness
- College Application
- Military Family Appreciation
- National Career Development
- National Family Caregivers
- National Homeless Youth Awareness
- National Runaway Prevention
- National Scholarship
- Native American Heritage

Awareness months are designed for us to focus on ourselves and/or our family members.



**McKinney-Vento** is a federal law that provides services to families and unaccompanied youth that live in a temporary situation due to loss of housing.

### Eligibility for services

- Living in shared housing due to loss of housing, economic hardship, or similar reason.
- Living in motels, hotels, trailer parks, cars, substandard housing, abandoned buildings, and/or campgrounds.
- Living in emergency or transitional shelters.
- Being an unaccompanied youth (not living with a parent or guardian) living in a temporary situation.
- Being a migratory child who is living in any of the above circumstance.

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## Student Health

### Sick Day Guidelines

Our goal is to give you these guidelines to reduce the spread of communicable diseases at school and provide a safe and healthy environment for all students. The following guidelines will help you decide whether you should send your child to school or to keep your child at home. As always, the utilization of proper hand washing, and cough etiquette will help reduce the spread of disease.

The following information does not take the place of consulting a medical provider. If your child is ill, you may need to discuss symptoms with your child's physician to determine if an office visit is warranted. Parents may be required to provide a doctor's note stating the child is able to return to school for certain conditions.

**Fever** If your child has a temperature of 100.0 F or higher with no fever-reducing medications given, they should remain at home. We strongly recommend you not give your child fever-reducing medication and then send them to school. The fever will probably return during the school day.

**Vomiting and/or Diarrhea** A child with three or more episodes of loose, runny stools in a 24-hour period should remain at home. If vomiting and/or diarrhea are accompanied with a fever, keep the child at home and consult a physician.

**Runny Nose & Coughing** Allergy symptoms such as stuffy nose with clear drainage, sneezing and mild cough should be addressed with a school nurse and require documentation from a physician stating such allergy symptoms which may be normal for your child. However, if the cough is persistent or productive and/or accompanied with thick or constant nasal drainage, the child should be kept at home.

**Sore Throat** Sudden onset of a significant sore throat pain when swallowing accompanied with fever may indicate a doctor's visit.

*Again, these guidelines are designed to assist you in the decision-making process as to whether to send your child to school. Your child's physician office will assist you to determine if your child needs to be seen by a medical provider.*

Contact your school nurse with any questions.

**Contact Campus Nurse:**  
Email- [portiz4@saisd.net](mailto:portiz4@saisd.net) or  
call **210-438-6820**, extention, **71014**  
**for more information.**

### CLINIC LOCATIONS

#### Collier School-Based Clinic

834 W. Southcross Blvd.  
San Antonio, TX 78211  
210-644-1500

#### Southwest School-Based Clinic

11914 Dragon Ln. Bldg #303  
San Antonio, TX 78252  
210-644-7770

#### Davis School-Based Clinic

4702 E. Houston St.  
San Antonio, TX 78220  
210-644-2050

#### Tafolla School-Based Clinic

1303 W. Cesar E. Chavez Blvd.  
San Antonio, TX 78207  
210-644-2000

#### Shirley A. Schreiber School-Based Clinic at Jones Middle School

1256 Pinn Road  
San Antonio, TX 78227  
210-644-2060

#### healthyUexpress

Primary care mobile unit  
210-358-7020  
[healthyUexpress.com](http://healthyUexpress.com)







# Upcoming Resources

Things your family can use



**FREE GROCERIES**



SAISD &

The San Antonio Food Bank

SAISD has partnered with the San Antonio Food Bank to provide our families with monthly access to FREE supplemental groceries. The next food distribution is:

**Wednesday, November, 15th, 2023**  
**at Alamo Stadium, 110 Tuleta Dr,**  
**78212 at 9am.**



**Texas Diaper Bank**



DIAPER & PERIOD ASSISTANCE

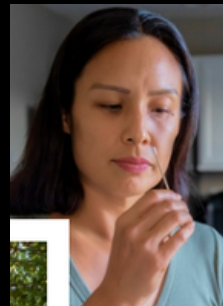


YOUTH & ADULT INCONTINENCE ASSISTANCE

PARENT & CAREGIVER EDUCATION

**Get four free at-home COVID-19 tests this fall on [COVIDTests.gov](https://COVIDTests.gov)**

Need help placing an order for your at-home tests?  
Call 1-800-232-0233  
(TTY 1-888-720-7489).



## Mental Health Services:

Dial 211- Ask for the Local Mental Health Authority in Bexar County.

**Check the Campus webpage calendar for more events.**



# Future Resource Events

Save the Dates & Join Us!

		Parent Engagement Plan 2023-2024 as of: 10/16/2023		
Month	Day/Evening/Saturday	Location /Time	Topics	Language Interpreter Service
Oct	Thursday October 26, 2023	LDA/ 9:30- 10am	<b>Community Partner Meeting</b>	Spanish- Translator and Translation devices/sub-titles
Nov	Wednesday, November 16th, 2023	Pantry/ 2:30 to 3:30pm	<b>Holiday Resource &amp; Assistance</b>	Spanish Translator
Dec	Wednesday, December 14th, 2023	Cafeteria/ 5:30- 7:00pm	<b>Family Holiday Gathering &amp; Resources</b>	Spanish Translator
Jan	NONE			
Feb	Wednesday February 7, 2024 ,	Cafeteria/ 5:30- 7:00pm	<b>Parent Empowerment - Family Communication, Vaping and Family Restorative Circles</b>	Spanish- Translator and Translation devices/sub-titles
Mar	Wednesday, March 7, 2024	Cafeteria/ 5:30- 7:00pm	<b>Spring Break Resources- Pantry, local resources events</b>	Spanish Translator
Apr	NONE			
May	Friday, May 09, 2024	Cafeteria/ 5:30- 7:00pm	<b>Student Employment-student State ID, Local Employers</b>	Spanish Translator



Check the Campus webpage calendar for more events.



# Parent Assistance

**We want your support**

## Student Dress Code

Parents please review the Estrada dress code with your student and encourage the proper wearing of the uniform. We strive to teach the students that if you look sharp, you'll feel sharp and most importantly **BE SHARP!** Lessons to get ahead.

## Late Arrivals

**It's a bad habit**

- **Students must be on the campus by 8am for morning attendance, intake and breakfast.**
- **Being late interrupts the attendance process, which is our way of ensuring your student is safe and on campus.**

**Please encourage the healthy habits of responsibility and accountability. These habits will put your student ahead of their peers and make them better in the workforce.**

## Parent Feedback

Please help us, help you. Share your parent point of view or recommendations for improvement with your Family and Community Engagement (FACE) Specialist at: Email- [mmendoza10@saisd.net](mailto:mmendoza10@saisd.net) or call- 210-438-6820, ext. 71025.



**PARENTS- We know it is not easy!  
We thank you for your efforts!**



# District Rightsizing

What does this mean to you?

**BE INFORMED AT:**

**[HTTPS://WWW.SAISD.NET/PAGE/STUDY\\_SB\\_CAPACITY](https://www.saisd.net/page/study_sb_capacity)**

## Why are we doing this?

SAISD has been losing enrollment steadily for more than 20 years, and we have not closed school buildings at the rate our enrollment declined. As a result, many of our schools are under-enrolled and have very small student bodies. This means our parents and families have to live with financial and academic program inequities.

## How will the study impact me?

**At this time, there is no impact. Beginning in late August 2023, parents, students, employees and community members will begin receiving invitations to participate in the Study of School Building Capacity, looking ahead to the 2024-2025 School Year. Currently, no changes are known for the 2024-2025 School Year. The Board of Trustees have simply asked the District to conduct the study, engage the community, and to come back with a recommendation.**

## How do I participate

You will have a say in this conversation. We will be holding many community meetings to gather your input. The meetings are posted on the district website and will be promoted broadly through social media and telephone calls.

**Leave a comment at:**

**<https://www.jotform.com/form/231664623628157>**