



NEWSLETTER

October 2023

PARENT INFORMATION

October-Important Dates:

- **9th-** No school, Columbus Indigenous Day
- **16th-** No school,
- **21st-** SAISD- Food Distribution Lanier H.S.
- **27th-** No school, student holiday/parent Teacher Conference

Safety & Student Accountability

SAFETY- Your student's safety is always a priority and our ability to communicate with you is vital especially during a campus emergency. Please ensuring your contact information is correct so that we may reach you via phone, text, or email during a campus emergency.

STUDENT ACCOUNTABILITY- We are asking parents to speak with your student about the importance of daily attendance, wearing the Estrada required uniform properly and understanding the purpose of the student code of conduct. This discussion from you could be life changing.

For more information, please review the student/parent handbook provided to you on the campus webpage under the "parent tab".

We are here to help. Front Office: 210-438-6820.



Estrada MISSION: Our mission is to instill in students a positive attitude toward school that exemplifies honor, dignity and respect for self and others.



October is the month of:

- 1-7, Mental Illness Awareness week.
- Domestic Violence.
- Bullying Prevention/Awareness
- ADHD Awareness

Awareness months are designed for us to focus on ourselves and/or our family members.

Need more information or a resource?
Contact: Coach Mendoza at 210-438-6820, ext. 71025.



Mental Health Resources

- Behavioral Support,
- Bullying, Counseling,
- Crisis Intervention,
- Grief & Bereavement,
- Suicide Prevention & Support

[“click here” for Mental Health Resource Link:](#)

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Tips to improve attendance

- Build regular routines for bedtime and the morning.
- Seek support from school staff or community groups to help with transportation, health and safety, food bank distribution.
- Avoid medical appointments and extended trips when school is in session.
- Develop a back up plan for getting to school. Have a trusted adult on standby.
- Follow the proper school guidelines for reporting excused absences in a timely manner.
- Allow your child to stay home only when he/she has a contagious illness or is too sick to be comfortable.
- Make sure your child exercises, eats a balanced diet, and gets plenty of sleep.
- Read all information sent home by the school.
- Give your child enough time to get ready for school in the morning. Prepare lunches, pack school bags, and lay out clothing the night before.
- Monitor your child's attendance through Parent Portal.
- Talk about the importance of regular attendance and about how your child feels about school.

Student Health

CLINIC LOCATIONS

Collier School-Based Clinic

834 W. Southcross Blvd.
San Antonio, TX 78211
210-644-1500

Southwest School-Based Clinic

11914 Dragon Ln. Bldg #303
San Antonio, TX 78252
210-644-7770

Davis School-Based Clinic

4702 E. Houston St.
San Antonio, TX 78220
210-644-2050

Tafolla School-Based Clinic

1303 W. Cesar E. Chavez Blvd.
San Antonio, TX 78207
210-644-2000

Shirley A. Schreiber School-Based Clinic at Jones Middle School

1256 Pinn Road
San Antonio, TX 78227
210-644-2060

healthyUexpress

Primary care mobile unit
210-358-7020
healthyUexpress.com



Being late:

A bad habit that affects your student's future in the workforce.

Late Arrivals and Tardiness

We would like to request your support with ensuring that your student arrives to the Estrada campus at 8am every morning. Late arrivals and students that are tardy interrupt the administrative process of tracking attendance and disrupts the classroom instruction. We understand that many of you are juggling multiple schedules on top of employment, so we appreciate your efforts and applaud the example you set for your student.





Resources

Things your family can use!



FREE GROCERIES



SAISD & The San Antonio Food Bank

SAISD has partnered with the San Antonio Food Bank to provide our families with monthly access to FREE supplemental groceries. The next food distribution is:

SATURDAY, October 21st, 9-11am
at Lanier H.S. 1514 W Cesar E Chavez Blvd, San Antonio, TX 78207



Become a Volunteer!

We welcome volunteers to support our campus events & food pantry.

Contact Coach Mendoza at: Email- mmendoza10@saisd.net or call 210-438-6820, Ext 71025 for more information.



Parent Employment Training



Ready to Work will:

- **Guide** you through the entire process
- **Connect** you with resources like childcare and transportation so nothing can stand in your way
- **Develop** a personalized career and training plan just for you
- **Enroll** you in courses and work-based learning opportunities that match the right field for you
- **Cover** the cost of approved courses (up to a cap)
- **Prepare** you for job interviews
- **Help** you find and keep the job you love

[Click here to apply](#)

Check the campus webpage calendar for more events.



Resources

Career Development can equal = Higher pay



FAMILY EMPLOYMENT TRAINING

Have you always wanted a different career? Have you been wanting to further your education?

Now is the perfect time with **FREE training through Family Services.**

[Click here for more information:](#)



Workforce development courses and trainings include:

- Certified Nurse Assistant (CNA)
- Community Health Worker
- High School Equivalency Certification or GED Classes
- English as a Second Language (ESL) Classes
- Early Childhood Development Training
- Earn your early Child Development Associate (CDA) credential
- Early Childhood Classroom Support and Substitutes Training to become a certified substitute teacher
- Information Technology
- Medical Front Office Assistant
- Pharmacy Technician
- Trade Skills training

Don't miss out on this opportunity

Systems of Care for Families

Sistemas de atención para familias

Contact Coach Mendoza at: Email- mmendoza10@saisd.net or call 210-438-6820, Ext 71025 if you need assistance.

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District Rightsizing

What does this mean to you?

BE INFORMED AT:

[HTTPS://WWW.SAISD.NET/PAGE/STUDY_SB_CAPACITY](https://www.saisd.net/page/study_sb_capacity)

Why are we doing this?

SAISD has been losing enrollment steadily for more than 20 years, and we have not closed school buildings at the rate our enrollment declined. As a result, many of our schools are under-enrolled and have very small student bodies. This means our parents and families have to live with financial and academic program inequities.

How will the study impact me?

Between Sept. 18 and Oct. 27, 2023, we will gather extensive feedback from our communities on the Initial Recommendation. This will include, but not be limited to, holding two regional meetings in each of our comprehensive high school feeder patterns. This feedback may result in changes to the Initial Rightsizing Recommendation that we present to the Board of Trustees.

How do I participate

You will have a say in this conversation. We will be holding many community meetings to gather your input. The meetings are posted on the district website and will be promoted broadly through social media and telephone calls.

Leave a comment at:

<https://www.jotform.com/form/231664623628157>