



# CAST Med High School *Prescription* FOR Academic SUCCESS

“If you keep doing the same thing, you are going to get the same results.”

**You NEED to change your plan!**

Things **to do** to increase your grade **AND protect your GPA**:

- ✓ **LEARN** your course syllabus. It is a contract between you and your teacher/professor. Your Course Syllabus is on your teachers' Canvas Homepage.
- ✓ **Visit** with your teacher/professor; **use** the “Visit with the Professor” Form; **return** signed form to Mrs. Chavez.
- ✓ **Attend tutoring when offered!** Check the tutoring schedule on-line. Anyone with a grade of 80 or less, **MUST** attend tutorials.
- ✓ **ASK** your teacher/professor for help by asking questions during class.
- ✓ **Meet** with other students from the same class and form a study group.
- ✓ **Organize** your time and use your Student Planner or Google Calendar to set due dates for assignments or upcoming events.
- ✓ **Submit** all work on time!
- ✓ **Read** your class textbook **AND** notes.
- ✓ **Check** Frontline Parent Portal Accounts periodically to see your status.
- ✓ **Visit** websites that can help you. (YouTube Videos, Khan Academy, San Antonio Public Library, the on-line textbook from the class (if there is one), etc.).
- ✓ **Protect** your GPA (grade point average) by getting good grades on all assignments.
- ✓ **Set** dates and alarms of when things are due on your cell phone for reminders.
- ✓ **Change** your attitude towards the course and the teacher/professor. It's a **positive** mindset that gets things done.

The items listed above are **NOT** suggestions! They are **ALL REQUIRED** for success.

**We know you can be successful! You have come this far already!**

*“Not following this “Prescription” can have horrible side-effects.”*

*“For every hour you spend in a college class (dual credit), you should spend two hours at home studying.”*